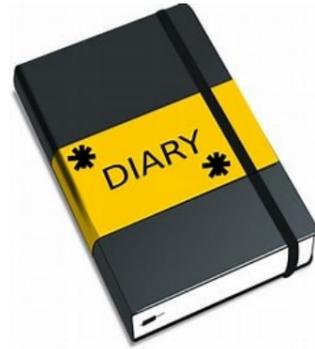




## This Week in our Parishes ...

- Sunday 22 The Most Holy Body and Blood of Christ —Year C  
Children's Liturgy at both morning Masses today  
Teas and coffees after morning Mass in each Parish
- Tuesday 24 Teas and coffees after Mass at St. Columba's  
11am School Leavers P7 Thanksgiving Mass
- Friday 27 1pm, Baptism Rory Mark Alexander Gillespie, St. Peter's  
\*7pm, St. Peter's Social evening, Parish room
- Sunday 29 St. Peter and St. Paul —Year C  
Teas and coffees after morning Mass at St. Peter's  
\*\*Justic and Peace Breakfast for Mbare after 09.30 Mass St. Columba's



## Upcoming events in our Parishes...

- Sunday 28 Sept 1-5pm, St. Peter's taking part in Open Doors event

**Teens Group has now finished our regular meetings for Summer.** If you'd like to sign up for next term please email [teens.stcolumbaedinburgh@staned.org.uk](mailto:teens.stcolumbaedinburgh@staned.org.uk).

**Next week's newsletter will cover 2 weeks: 29 June - 13 July.** If you have content for this period please provide as usual by close of play this coming Wednesday (earlier if possible).

**\*St. Peter's social evening** will take place at **7pm on Friday 27 June** in the Parish room. **Celebrate with us!** Please bring a plate of food to share (your choice of starter, main or dessert—just fill in list at back of Church) and your own bottle. Can you help with set up, serving or clean up - please add your details to the Helper's list. Come along and celebrate - everyone is welcome to join!

**\*\*Justice & Peace Peter and Paul Breakfast for Mbare. Sunday 29 June after 09.30 Mass St. Columba's.** Come and help support our sister parish in Zimbabwe - by eating a delicious, fresh cooked buffet breakfast with your tea or coffee! Adults £10, Children £5. Eat well and help out!

### St. Columba's Fabric update

- Painting on the Convent windows will start Monday 23 June.
- We are still negotiating a date for the painting to begin in the Hall. We anticipate that that will be the beginning of September.

### St. Peter's Fabric update

- The Stonemasons are on three weeks holiday now, so there will be no work on the Sanctuary over this period.
- The Caretakers flat: plans have been drawn up for the renovation of the flat and are currently being costed.

The Open Door Edinburgh is part of the Big Give's Small Charity Week. Each donation made to our campaign via **BigGive.org** during the week of **23-30 June 2025** will be **doubled**. Helping deliver crucial Day Services for older adults in Edinburgh so they experience better mental and physical health, feel less lonely and provide respite for their families. Donations help in many ways e.g.: £1 - coffee and biscuits and a friendly chat; £5 - freshly cooked hot meal (often the only hot meal that week); £10 - seated exercise class for 5 Day Service members with reduced mobility and much more. **Please add a diary reminder for 23-30 June** and this link <https://donate.biggive.org/campaign/a05WS000004T56sYAC> The donate button will appear on this page when the campaign starts at **midday on Monday 23rd**.

### Vacancy at the council for the Church Representative.

The Church Rep is directly appointed by the Archbishop for a fixed term of three years with the possibility of extending the appointment at the discretion of the Archbishop. For further details please contact Canon Kenneth.

**More cleaners needed for St. Peter's;** can you help for an hour on a Friday, once every six weeks, after 09.30 Mass? Help needed particularly over the summer to cover people who are away. Please contact Tina O'Donoghue [christinaodonoghue@yahoo.co.uk](mailto:christinaodonoghue@yahoo.co.uk) or 0131 447 4840.

We have an **electronic payment device at the back of St. Peter's church.** It's easy to use, takes most debit cards and Apple Pay, useful for making donations, paying for magazines, teas and coffees, bake sales or fundraisers.

**Doctors, nurses and First Aiders attending 6.30pm mass at St. Columba's,** please speak to Canon Kenneth or Agatha.

**Donations for refugees.** We need trainers for young men size 39 - 45+ and backpack bags for men. Please leave at back of the Church in St. Columba's and St. Peter's.

## The Body and Blood of Christ

- The Solemnity of Corpus Christi Year C celebrates the gift of the Eucharist. It reminds us of God's love and the unity of the Church through the Body and Blood of Christ.**
- **Jesus as the Bread of Life:** The Gospel shows Jesus feeding the crowd, pointing to the Eucharist as spiritual food. The Eucharist nourishes our souls and unites us with Jesus.
  - **The Priesthood of Christ:** Melchizedek brings bread and wine in Genesis, symbolizing Christ as the eternal priest. Jesus continues this priesthood in the Eucharist, offering himself to the Father.
  - **Sacrifice and Thanksgiving:** The Eucharist is a sacrifice and an act of thanksgiving, as seen in Genesis and Corinthians. We give thanks for Christ's sacrifice, which brings us salvation.
  - **The Institution of the Eucharist:** Paul recounts the Last Supper, reminding us of the sacred origins of the Eucharist. This teaches us to cherish and remember Christ's presence in this gift.
  - **Unity of the Church:** The Eucharist brings us together as one Body in Christ. It reminds us to care for each other and live in harmony.
  - **Generosity and Abundance:** In the Gospel, Jesus feeds a great crowd with little food. The Eucharist shows God's generous love, providing for our deepest needs.
  - **God's Covenant with Us:** The readings highlight God's faithful love and covenant. The Eucharist is the new covenant, bringing us closer to God.
- Corpus Christi Year C calls us to reflect on the gift of the Eucharist. It strengthens our faith and helps us live in love and unity with one another.**
- How does the Eucharist remind me of Jesus' role as the eternal priest?
  - What does it mean to me that Jesus offers himself to the Father for my salvation?
  - How can I express my gratitude for the gift of the Eucharist in my daily life?
  - What does the feeding of the crowd teach me about God's care for my spiritual needs?
  - How can I trust more deeply in God's generous love for me and others?
  - In what ways can I share God's blessings with those in need?
  - How does the Eucharist help me reflect on God's faithfulness to his covenant?
  - What does it mean to renew my relationship with God each time I receive the Eucharist?
  - How can I live out the love and service that the Eucharist calls me to?
  - What steps can I take to better prepare myself to receive the Eucharist with faith and gratitude?



## Prayer/ reflection

Outside the church the noisy traffic flows past  
But I have left that world behind  
And I am here before you, Lord  
I close my mind and open my heart.  
Here I experience my true worth,  
Which consists not in my possessions or achievements  
But in knowing that I am loved by you.